

# Individual Best Times (All Time)

Benjamin Elsworthy - (1101722) - Backwell SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.04	29.30	337	10/02/19	Somerset County Championships 2019	Millfield	SW190288	1
100 Freestyle	1:06.21	1:04.90	354	03/02/19	Somerset County Championships 2019	Millfield	SW190287	1
200 Freestyle	2:25.89	2:23.50	341	09/02/19	Somerset County Championships 2019	Millfield	SW190288	1
100 Breaststroke	2:04.32	2:03.30	95	11/07/15	City of Bristol Summer Level 3 Long Course Meet	Bristol	SW151025	3
200 Breaststroke	4:23.15	4:21.10	108	12/07/15	City of Bristol Summer Level 3 Long Course Meet	Bristol	SW151025	3
50 Butterfly	35.22	34.70	252	10/02/19	Somerset County Championships 2019	Millfield	SW190288	1
50 Backstroke	33.41	32.80	350	27/01/19	Somerset County Championships 2019	Millfield	SW190286	1
100 Backstroke	1:13.63	1:12.50	344	09/02/19	Somerset County Championships 2019	Millfield	SW190288	1
200 Backstroke	2:39.27	2:37.20	346	10/02/19	Somerset County Championships 2019	Millfield	SW190288	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.17	29.90	330	02/12/18	Soundwell County Qualifier Open Meet 2018	Gloucester	SW181828	3
100 Freestyle	1:04.44	1:05.70	336	06/04/19	Soundwell Level 3 Open Meet	GL1 Leisure Centre	SW190284	3
200 Freestyle	2:23.07	2:25.50	335	06/04/19	Soundwell Level 3 Open Meet	GL1 Leisure Centre	SW190284	3
400 Freestyle	5:28.15	5:32.40	270	10/09/18	Backwell Swimming Club - Club Championships 2018	Backwell	SW181550	4
50 Breaststroke	41.38	42.10	219	17/11/19	Backwell Club Championships 2019	Backwell	SW191917	4
100 Breaststroke	1:33.27	1:34.60	208	24/11/18	Backwell Swimming Club - Club Championships 2018	Backwell	SW181553	4
200 Breaststroke	3:16.22	3:18.90	229	27/10/18	City of Bristol Early Bird	Hengrove LC	SW181402	3
50 Butterfly	36.35	36.90	214	24/11/18	Backwell Swimming Club - Club Championships 2018	Backwell	SW181553	4
100 Butterfly	1:26.00	1:26.90	171	17/11/19	Backwell Club Championships 2019	Backwell	SW191917	4
50 Backstroke	32.92	33.50	302	06/04/19	Soundwell Level 3 Open Meet	GL1 Leisure Centre	SW190284	3
100 Backstroke	1:10.73	1:11.90	319	02/12/18	Soundwell County Qualifier Open Meet 2018	Gloucester	SW181828	3
200 Backstroke	2:36.31	2:38.40	308	06/04/19	Soundwell Level 3 Open Meet	GL1 Leisure Centre	SW190284	3
200 Individual Medley	2:44.37	2:46.80	296	02/12/18	Soundwell County Qualifier Open Meet 2018	Gloucester	SW181828	3
100 Individual Medley	1:18.55	1:18.60	246	24/11/18	Backwell Swimming Club - Club Championships 2018	Backwell	SW181553	4