

Individual Best Times (All Time)

Abby Ward - (1101347) - Newark SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.52	35.10	293	29/09/13	Grantham SC Three Shires Championship Meet	Grantham	EM3774	4
100 Freestyle	1:16.55	1:17.60	282	21/06/15	22nd Annual Open Meet	Sheffield	EM150628	3
200 Freestyle	2:51.38	2:53.40	266	29/09/13	Grantham SC Three Shires Championship Meet	Grantham	EM3774	4
100 Breaststroke	1:51.48	1:52.60	175	16/06/13	Retford SC Annual Open Meet	Sheffield	EM3359	3
50 Butterfly	43.98	44.40	170	30/11/14	Three Shires Championships	Grantham	EM4568	3
50 Backstroke	39.14	39.70	268	19/06/16	Retford 23rd Annual Open Meet	Sheffield	EM160592	3
100 Backstroke	1:25.45	1:26.40	265	21/06/15	22nd Annual Open Meet	Sheffield	EM150628	3
200 Backstroke	3:00.81	3:02.60	284	30/11/14	Three Shires Championships	Grantham	EM4568	3
200 Individual Medley	3:18.23	3:20.20	232	29/09/13	Grantham SC Three Shires Championship Meet	Grantham	EM3774	4
100 Individual Medley	1:29.31	1:29.30	253	22/06/14	Retford 21st Annual Open Meet	Sheffield	EM4487	3