

Individual Best Times (Masters)

Despina Alexiadou - (90019366) - Ren 96

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	32.61	379	17/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
100 Freestyle	1:14.74	331	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
200 Freestyle	2:43.47	328	19/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
400 Freestyle	6:12.15	253	23/03/24	Scottish Masters LC Spring Meet 2024	Aberdeen	MAS1138	0
100 Breaststroke	1:33.00	327	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
200 Breaststroke	3:22.31	314	17/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
100 Backstroke	1:34.17	225	23/03/24	Scottish Masters LC Spring Meet 2024	Aberdeen	MAS1138	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	32.78	342	20/04/19	Scottish National Masters Championships 2019	Royal Commonwealth	MAS836	0
100 Freestyle	1:12.98	326	19/04/19	Scottish National Masters Championships 2019	Royal Commonwealth	MAS836	0
200 Freestyle	2:41.67	317	21/04/23	Scottish National Open & Age Group Masters 2023	Glasgow	MAS1033	0
100 Breaststroke	1:32.80	303	29/01/22	Silver City Blues meet	Aberdeen	MAS941	0
200 Breaststroke	3:19.97	304	20/04/19	Scottish National Masters Championships 2019	Royal Commonwealth	MAS836	0