

Individual Best Times (Masters)

Steve Adgar - (1656605) - Derby Excel Swimming Club

Long Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	27.38	445	03/06/23	British Masters Championships	Sheffield	MAS1046	0
100 Freestyle	1:02.61	419	10/12/23	East Midland Masters & Senior Age Group Championsh	Derby	MAS1106	0
50 Backstroke	35.41	294	03/06/23	British Masters Championships	Sheffield	MAS1046	0

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	Licence	Level
50 Freestyle	26.60	435	29/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
100 Freestyle	59.08	437	28/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
50 Butterfly	30.98	346	25/11/23	Etwall Masters Open Meet 2023	Alfreton	MAS1102	0
50 Backstroke	34.00	274	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0
100 Backstroke	1:14.06	277	15/04/23	Staffordshire Masters Meet	Staffordshire	MAS1030	0
100 Individual Medley	1:12.40	315	25/11/23	Etwall Masters Open Meet 2023	Alfreton	MAS1102	0