

Individual Best Times (All Time)

Molly Allen - (975755) - Southport SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	41.03	41.50	174	11/11/14	Southport Club Championships	Southport	NW14042	4
100 Freestyle	1:36.60	1:37.50	140	13/11/14	Southport Club Championships	Southport	NW14077	4
200 Freestyle	3:43.92	3:45.50	119	08/02/14	Liverpool & District S & WPA Age Group Champs	Knowsley	NW4100	2
50 Breaststroke	54.18	54.80	143	13/11/14	Southport Club Championships	Southport	NW14077	4
200 Breaststroke	4:17.37	4:19.40	142	08/02/14	Liverpool & District S & WPA Age Group Champs	Knowsley	NW4100	2
50 Butterfly	48.63	49.00	126	01/02/14	Liverpool & District S & WPA Age Group Champs	Knowsley	NW4099	2
100 Butterfly	1:46.85	1:47.60	129	11/11/14	Southport Club Championships	Southport	NW14042	4
200 Butterfly	4:16.46	4:17.70	101	01/02/14	Liverpool & District S & WPA Age Group Champs	Knowsley	NW4099	2
50 Backstroke	48.39	48.80	142	08/02/14	Liverpool & District S & WPA Age Group Champs	Knowsley	NW4100	2
200 Backstroke	3:48.72	3:50.20	140	01/02/14	Liverpool & District S & WPA Age Group Champs	Knowsley	NW4099	2