

Individual Best Times (All Time)

Sam Ayres - (952301) - Haringey Aquatics

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.74	36.30	179	26/04/14	MCASA Development Meet	Enfield	LR4480	3
100 Freestyle	1:21.12	1:22.10	168	10/05/14	Barnet Cophall Kate Lack Trophy Meet	Hendon	LR4458	3
50 Breaststroke	48.34	49.00	137	10/05/14	Barnet Cophall Kate Lack Trophy Meet	Hendon	LR4458	3
100 Breaststroke	1:47.71	1:48.90	135	18/01/14	Haringey Aquatics Winter Club Championships	London	LR4314	4
50 Butterfly	42.90	43.30	130	01/02/14	Bishop Stortford Almost There Open Meet	Braintree	ER4283	3
100 Butterfly	1:42.98	1:43.70	99	18/01/14	Haringey Aquatics Winter Club Championships	London	LR4314	4
50 Backstroke	45.17	45.60	117	16/06/14	Haringey Aquatics Summer Championships 2014	Tottenham	LR4849	4
100 Backstroke	1:32.12	1:33.00	144	26/04/14	MCASA Development Meet	Enfield	LR4480	3
200 Individual Medley	3:28.80	3:30.70	144	26/04/14	MCASA Development Meet	Enfield	LR4480	3
100 Individual Medley	1:31.09	1:31.10	158	16/06/14	Haringey Aquatics Summer Championships 2014	Tottenham	LR4849	4