

Individual Best Times (All Time)

Syed Fahmad Askari - (948453) - Inverness ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.48	27.70	395	28/04/18	University of Aberdeen International Open	Aberdeen	SCO1452	1
100 Freestyle	1:05.08	1:03.80	373	29/04/18	University of Aberdeen International Open	Aberdeen	SCO1452	1
50 Breaststroke	37.97	37.10	319	29/04/18	University of Aberdeen International Open	Aberdeen	SCO1452	1
100 Breaststroke	1:23.70	1:22.20	313	28/04/18	University of Aberdeen International Open	Aberdeen	SCO1452	1
50 Backstroke	34.28	33.70	324	29/04/18	University of Aberdeen International Open	Aberdeen	SCO1452	1
100 Backstroke	1:20.65	1:19.60	261	06/02/17	North District Age Group Championships 2017	Aberdeen	SCO1255	1
200 Backstroke	2:38.30	2:36.20	353	29/04/18	University of Aberdeen International Open	Aberdeen	SCO1452	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.16	28.90	366	17/12/17	HST Timing Session	Aquadome	SCO1395	2
100 Freestyle	1:00.67	1:02.00	403	26/09/18	Inverness Club Championships 2018	Inverness	SCO1523	2
200 Freestyle	2:19.53	2:22.00	361	16/12/17	HST Timing Session	Aquadome	SCO1395	2
50 Breaststroke	36.15	37.00	328	09/06/18	Nairn IM Challenge Meet	Nairn	SCO1482	2
100 Breaststroke	1:18.24	1:19.80	352	26/09/18	Inverness Club Championships 2018	Inverness	SCO1523	2
200 Breaststroke	2:50.50	2:53.60	350	24/06/18	ND Development Meet 2018	Inverness	SCO1493	2
50 Butterfly	31.50	32.10	329	09/06/18	Nairn IM Challenge Meet	Nairn	SCO1482	2
100 Butterfly	1:15.37	1:16.40	254	26/11/17	ND Age Group Meet 2017	Inverness	SCO1383	2
50 Backstroke	33.34	33.90	291	26/11/17	ND Age Group Meet 2017	Inverness	SCO1383	2
100 Backstroke	1:11.50	1:12.60	308	25/11/17	ND Age Group Meet 2017	Inverness	SCO1383	2
200 Backstroke	2:31.48	2:33.70	339	26/11/17	ND Age Group Meet 2017	Inverness	SCO1383	2
200 Individual Medley	2:33.19	2:35.70	366	09/06/18	Nairn IM Challenge Meet	Nairn	SCO1482	2
400 Individual Medley	6:04.53	6:09.30	267	11/02/17	Elgin Spring Meet 2017	Buckie	SCO1239	2
100 Individual Medley	1:10.40	1:10.40	342	09/06/18	Nairn IM Challenge Meet	Nairn	SCO1482	2