

Individual Best Times (All Time)

Annis Atkinson - (905580) - Lancaster City SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.09	31.40	398	15/03/14	Lancashire County Championships	Manchester	CC4087	1
200 Freestyle	2:33.98	2:31.70	393	16/03/14	Lancashire County Championships	Manchester	CC4087	1
400 Freestyle	5:24.88	5:20.50	380	02/06/13	BG North West Region 2013 Age Group Champs	Manchester	NWR306	1
50 Butterfly	34.00	33.40	370	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
100 Butterfly	1:17.79	1:16.80	362	09/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.32	32.00	392	07/09/14	Lancaster City Kick Start 2014 Gala	Salt Ayre	NW14220	4
100 Freestyle	1:09.46	1:10.70	378	28/09/14	Blackpool Lights 2014	Blackpool	NW4922	3
200 Freestyle	2:24.94	2:27.30	440	28/09/14	Blackpool Lights 2014	Blackpool	NW4922	3
400 Freestyle	5:08.80	5:13.30	420	02/11/13	City of Salford SC Potential Olympians 2013	Salford	NW3518	2
800 Freestyle	10:41.12	10:50.10	412	19/01/14	North Lancashire Age Groups 2014	Blackpool	NW4147	3
50 Breaststroke	1:06.73	1:07.20	76	07/05/11	Copeland ASC Bill & Monica Griffin Gala	Whitehaven	NW1381	4
50 Butterfly	33.73	34.30	377	21/07/13	Lancaster City Summer Club Gala	Lancaster	NW3587	4
100 Butterfly	1:16.64	1:17.60	350	28/09/13	Ulverston ASC Graded Age Group Meet 2013	Kendal	NW3738	3
50 Backstroke	36.30	36.80	336	01/02/14	North Lancashire Age Groups, Youth & Champs	Blackpool	NW4148	3
100 Backstroke	1:19.29	1:20.30	331	28/09/14	Blackpool Lights 2014	Blackpool	NW4922	3
200 Backstroke	3:03.85	3:05.70	270	28/10/12	City Of Salford SC Potential Olympians	Salford	NW2590	2
200 Individual Medley	3:04.37	3:06.50	288	29/09/12	Ulverston ASC Graded Open Age Group Meet	Kendal	NW2642	3
100 Individual Medley	1:41.65	1:41.70	171	05/11/11	North Lancashire Level 3 Open Meet	Blackpool	NW1530	3