## **Individual Best Times (All Time)**

Lauren Averill - (882405) - Royal Wootton Bassett ASC

## **Long Course**

| Stroke          | LC Time | Converted to SC | LC WA<br>Pts | Date     | Meet                                         | Venue     | Licence  | Level |
|-----------------|---------|-----------------|--------------|----------|----------------------------------------------|-----------|----------|-------|
| 50 Breaststroke | 42.05   | 41.30           | 333          | 16/02/19 | BUCS Long Course Swimming Championships 2019 | Sheffield | NE190155 | 1     |

## **Short Course**

| Stroke                | SC Time | Converted to LC | SC WA<br>Pts | Date     | Meet                                          | Venue             | License  | Level |
|-----------------------|---------|-----------------|--------------|----------|-----------------------------------------------|-------------------|----------|-------|
| 50 Freestyle          | 33.80   | 34.40           | 312          | 19/07/14 | Mid Sussex Marlins Club Championships         | Haywards<br>Heath | SE4957   | 4     |
| 100 Freestyle         | 1:15.97 | 1:17.10         | 289          | 20/07/14 | Mid Sussex Marlins Club Championships         | Haywards<br>Heath | SE4957   | 4     |
| 200 Freestyle         | 2:41.70 | 2:43.80         | 317          | 18/07/15 | Mid Sussex Marlins 2015 Club Championships    | Burgess Hill      | SE151098 | 4     |
| 50 Breaststroke       | 40.45   | 41.20           | 345          | 10/11/18 | BUCS Short Course Swimming Championships 2018 | Sheffield         | NE182328 | 2     |
| 100 Breaststroke      | 1:30.76 | 1:32.10         | 324          | 11/11/18 | BUCS Short Course Swimming Championships 2018 | Sheffield         | NE182328 | 2     |
| 200 Breaststroke      | 3:25.23 | 3:27.80         | 281          | 21/09/14 | Mid Sussex Marlins Club Championships         | Haywards<br>Heath | SE4960   | 4     |
| 50 Backstroke         | 39.69   | 40.20           | 257          | 20/07/14 | Mid Sussex Marlins Club Championships         | Haywards<br>Heath | SE4957   | 4     |
| 100 Individual Medley | 1:25.47 | 1:25.50         | 289          | 21/09/14 | Mid Sussex Marlins Club Championships         | Haywards<br>Heath | SE4960   | 4     |

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