

Individual Best Times (All Time)

Amy Aston - (878023) - Bicester Blue Fins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.11	34.50	304	16/02/19	BUCS Long Course Swimming Championships 2019	Sheffield	NE190155	1
100 Freestyle	1:15.92	1:14.80	315	16/02/20	Speedo and BUCS Long Course Swimming Champs 2020	Sheffield	NE200500	1
50 Breaststroke	44.78	44.10	276	15/02/20	Speedo and BUCS Long Course Swimming Champs 2020	Sheffield	NE200500	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.32	33.90	325	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
100 Freestyle	1:13.32	1:14.50	321	05/10/13	Leicester Penguins Open Meet 2013	Braunstone	EM3358	3
200 Freestyle	2:40.36	2:42.50	325	27/04/14	Team Luton 2014 Short Course Open Meet	Luton	ER4085	3
50 Breaststroke	42.86	43.60	290	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
100 Breaststroke	1:36.58	1:37.90	269	27/04/14	Team Luton 2014 Short Course Open Meet	Luton	ER4085	3
200 Breaststroke	3:34.67	3:37.10	246	15/06/13	Maxwell Summer Meet 2013	Aylesbury	SE3487	3
50 Butterfly	39.38	39.90	237	15/12/13	CMK SC 8th Annual Christmas Cracker	Bletchley	SE3099	3
50 Backstroke	41.08	41.60	232	28/06/14	Maxwell June Meet 2014	Aylesbury	SE4520	3
100 Backstroke	1:31.59	1:32.50	215	04/01/14	Abingdon Vale Level 3 Open Meet	Oxford	SE4144	3
200 Backstroke	3:12.43	3:14.20	236	27/04/13	Team Luton Spring Open Meet 2013	Luton	ER3042	3
200 Individual Medley	3:07.28	3:09.40	275	29/06/14	Maxwell June Meet 2014	Aylesbury	SE4520	3
100 Individual Medley	1:30.07	1:30.10	246	15/06/13	Maxwell Summer Meet 2013	Aylesbury	SE3487	3