

Individual Best Times (All Time)

Alexander Argyrou - (789508) - University of Bath WPC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.63	37.10	171	14/04/12	Bexley SC Open Long Course Meet	London	LR2208	1
100 Freestyle	1:34.15	1:33.30	123	10/04/11	Bexley Long Course Open Meet	Crystal Palace	LR1012	1
200 Freestyle	2:33.41	2:31.10	293	15/03/15	London Schools Championships 2015	Crystal Palace	LR150242	1
400 Freestyle	5:25.20	5:20.80	309	15/03/15	London Schools Championships 2015	Crystal Palace	LR150242	1
100 Breaststroke	1:55.95	1:54.90	118	10/04/11	Bexley Long Course Open Meet	Crystal Palace	LR1012	1
200 Breaststroke	3:57.18	3:54.90	148	14/04/12	Bexley SC Open Long Course Meet	London	LR2208	1
100 Backstroke	1:24.35	1:23.40	228	15/03/15	London Schools Championships 2015	Crystal Palace	LR150242	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.09	29.80	332	20/09/15	EDSC Super Sunday Sprint Meet 2015	Kent	LR150094	3
100 Freestyle	1:04.56	1:05.80	335	29/11/15	Bexley Short Course Open	Bexleyheath	LR150603	3
200 Freestyle	2:25.44	2:27.80	318	22/03/15	Erith & District and Orpington Ojays SC	Medway Park	LR150592	3
400 Freestyle	5:33.85	5:38.00	256	03/01/15	Bexley Short Course Open Meet	Bexleyheath	LR150016	3
50 Breaststroke	37.73	38.60	289	20/09/15	EDSC Super Sunday Sprint Meet 2015	Kent	LR150094	3
100 Breaststroke	1:29.17	1:30.60	238	22/03/15	Erith & District and Orpington Ojays SC	Medway Park	LR150592	3
200 Breaststroke	3:33.65	3:36.10	177	13/10/13	Bexley SC Club Championships	Bexleyheath	LR3792	4
50 Butterfly	35.26	35.80	234	20/09/15	EDSC Super Sunday Sprint Meet 2015	Kent	LR150094	3
50 Backstroke	35.67	36.20	238	22/03/15	Erith & District and Orpington Ojays SC	Medway Park	LR150592	3
100 Backstroke	1:16.65	1:17.70	250	22/03/15	Erith & District and Orpington Ojays SC	Medway Park	LR150592	3
200 Backstroke	3:18.52	3:20.20	150	27/10/13	Bexley SC Club Championships	Bexleyheath	LR3792	4
100 Individual Medley	1:15.38	1:15.40	279	20/09/15	EDSC Super Sunday Sprint Meet 2015	Kent	LR150094	3