

Individual Best Times (All Time)

Jamie Aldred - (730578) - Chalfont Otters SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.10	26.30	459	30/05/15	ASASER Swimming Championships	Crawley	SE150986	1
100 Freestyle	58.04	56.60	526	31/05/15	ASASER Swimming Championships	Crawley	SE150986	1
200 Freestyle	2:07.44	2:04.70	512	21/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield	EM4932	1
400 Freestyle	4:32.45	4:27.30	527	20/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield	EM4932	1
1500 Freestyle	18:19.48	18:00.60	497	08/02/15	Wycombe February Long Distance Meet	Wycombe	SE150252	3
50 Breaststroke	37.19	36.30	339	21/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield	EM4932	1
100 Breaststroke	1:25.24	1:23.70	297	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	SE4049	1
200 Breaststroke	3:13.63	3:10.90	272	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	SE4049	1
50 Butterfly	30.91	30.30	373	21/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield	EM4932	1
100 Butterfly	1:09.73	1:08.60	356	07/02/15	Wycombe February Sprint 2015	High Wycombe	SE150282	3
50 Backstroke	33.27	32.70	354	20/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield	EM4932	1
100 Backstroke	1:32.07	1:31.20	176	24/09/11	Hillingdon Autumn Sprint Meet	Hillingdon	LR1334	3
200 Individual Medley	2:36.81	2:34.30	384	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	SE4049	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.34	27.10	448	02/05/15	Chalfont Otters Club Championships 2015	Amersham	SE150651	4
100 Freestyle	56.97	58.40	487	23/05/15	Chalfont Otters Club Championships 2015	Amersham	SE150654	4
200 Freestyle	2:01.92	2:04.70	541	07/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	CC150816	2
400 Freestyle	4:24.43	4:29.70	517	21/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidstone	CC150818	2
800 Freestyle	9:12.71	9:23.10	516	09/06/14	Chalfont Otters SC Club Championships 2014	Gerrards Cross	SE4525	4
1500 Freestyle	17:58.17	18:17.10	484	28/06/14	Otters Club 1500m Championships	Gerrards Cross	SE4526	4
50 Breaststroke	36.80	37.60	311	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	CC4023	2
100 Breaststroke	1:24.41	1:25.90	280	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
200 Breaststroke	2:57.61	3:00.60	309	13/07/13	Chalfont Otters SC Club Championships	Amersham	SE3435	4
50 Butterfly	29.24	29.90	411	02/05/15	Chalfont Otters Club Championships 2015	Amersham	SE150651	4
100 Butterfly	1:05.94	1:07.10	380	08/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	CC150816	2
200 Butterfly	2:36.01	2:38.00	321	07/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	CC150816	2
50 Backstroke	33.48	34.10	288	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	CC4023	2
100 Backstroke	1:12.74	1:13.80	293	09/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
200 Backstroke	2:38.21	2:40.30	297	09/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
200 Individual Medley	2:26.33	2:29.00	420	13/12/14	NASLS2014 Round Three	Southampton	LR14709	3
400 Individual Medley	5:21.26	5:26.70	390	11/05/15	Chalfont Otters Club Championships 2015	Gerrards Cross	SE150652	4
100 Individual Medley	1:08.99	1:09.00	364	21/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidstone	CC150818	2