

Individual Best Times (All Time)

Naomi Ayrton - (522064) - Hillingdon Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.46	29.80	465	04/05/13	London Region Youth Championships	London	LRX309	1
100 Freestyle	1:06.24	1:05.00	475	21/07/13	Maccabi Games 2013	Israel	GB3069	1
200 Freestyle	2:26.62	2:24.20	455	20/02/16	BUCS Long Course Championships	Sheffield	NE160130	1
400 Freestyle	5:20.41	5:16.00	396	22/10/11	3 Towers Open Meet	Millfield	SW1411	3
50 Breaststroke	44.25	43.50	286	08/07/11	European Maccabi Games	Vienna	GB1041	3
100 Breaststroke	1:39.62	1:38.30	266	23/10/10	3 Towers Open Meet	Millfield	SW0586	3
50 Butterfly	37.17	36.70	283	24/09/11	Hillingdon Autumn Sprint Meet	Hillingdon	LR1334	3
100 Butterfly	1:29.78	1:28.90	235	23/10/10	3 Towers Open Meet	Millfield	SW0586	3
50 Backstroke	37.91	37.40	355	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe	SE3432	3
100 Backstroke	1:28.02	1:27.10	276	24/10/10	3 Towers Open Meet	Millfield	SW0586	3
200 Individual Medley	3:00.14	2:57.90	343	22/10/11	3 Towers Open Meet	Millfield	SW1411	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.28	31.00	434	15/03/14	Middlesex County Championships	Enfield	CC4094	2
100 Freestyle	1:04.86	1:06.10	465	11/11/12	Hillingdon SC Club Championships	Hillingdon	LR2636	4
200 Freestyle	2:23.67	2:26.10	452	21/01/12	Biggleswade Open Meet	Biggleswade	ER2056	3
400 Freestyle	5:05.13	5:09.70	435	24/03/12	Middlesex Bagcat & Youths County Champs	Enfield	CC2084	2
800 Freestyle	10:59.14	11:07.90	379	17/05/12	Hillingdon SC Club Championships	Merchant Taylors	LR2471	4
50 Breaststroke	42.64	43.40	294	15/01/11	Watford County Qualifier Open Meet	Watford	ER1043	3
100 Breaststroke	1:31.72	1:33.10	314	13/11/11	Hillingdon Club Championships	Hillingdon	LR1335	4
200 Breaststroke	3:19.25	3:21.90	308	19/05/10	Hillingdon Club Champs	Hillingdon	LR0207	4
50 Butterfly	35.98	36.50	311	06/11/10	Romford Town 3th Open Meet	Enfield	LR0749	3
100 Butterfly	1:23.88	1:24.80	267	13/11/10	Hillingdon Club Champs	Hillingdon	LR0880	4
200 Butterfly	3:27.95	3:29.50	190	27/02/13	Hillingdon SC RNSS Club Championships	Hillingdon	LR3224	4
50 Backstroke	38.02	38.50	292	26/09/09	Maxwell Autumn Meet	Aylesbury	SE9521	3
100 Backstroke	1:20.19	1:21.20	320	11/11/12	Hillingdon SC Club Championships	Hillingdon	LR2636	4
200 Backstroke	2:53.84	2:55.80	320	30/03/11	Hillingdon SC Club Champioships	Merchant Taylors	LR1183	4
200 Individual Medley	2:47.20	2:49.50	387	15/05/13	Hillingdon SC RNSS Club Championships	Hillingdon	LR3224	4
400 Individual Medley	6:10.85	6:15.60	340	16/10/13	Hillingdon SC RNSS Club Championships	Hillingdon	LR3648	4
100 Individual Medley	1:18.65	1:18.70	370	05/03/11	Middlesex County Championships	Enfield	CC1103	2