

Individual Best Times (All Time)

Natalie Awcock - (500754) - Seagulls Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.21	33.60	328	08/02/14	Aquae Sulis Spring Grand Prix 2014	Bristol	SW4019	1
50 Breaststroke	40.53	39.70	372	08/02/14	Aquae Sulis Spring Grand Prix 2014	Bristol	SW4019	1
100 Breaststroke	1:28.49	1:27.10	380	05/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
200 Breaststroke	3:12.95	3:10.20	362	08/02/14	Aquae Sulis Spring Grand Prix 2014	Bristol	SW4019	1
200 Individual Medley	2:57.94	2:55.70	356	08/02/14	Aquae Sulis Spring Grand Prix 2014	Bristol	SW4019	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.14	33.80	331	06/07/13	Dorset Development Meet	Bournemouth	SW3151	3
100 Freestyle	1:11.61	1:12.80	345	07/07/13	Dorset Development Meet	Bournemouth	SW3151	3
200 Freestyle	2:56.73	2:58.70	243	02/07/11	Dorset Development Meet	Bournemouth	SW1101	3
50 Breaststroke	39.76	40.50	363	13/10/13	Swim Bournemouth 3rd Junior Open Meet	Bournemouth	SW3681	3
100 Breaststroke	1:24.14	1:25.60	407	01/03/14	Dorset County Age Group Champs 2014	Littledown	CC4025	2
200 Breaststroke	3:03.13	3:06.00	396	23/02/14	Dorset County Age Group Champs 2014	Littledown	CC4024	2
50 Butterfly	38.06	38.60	262	06/07/13	Dorset Development Meet	Bournemouth	SW3151	3
100 Butterfly	1:37.39	1:38.20	170	03/12/11	West Dorset SC Christmas Open Meet	Bridport	SW1454	3
50 Backstroke	40.55	41.00	241	01/12/13	Yeovil District Christmas Open Meet	Millfield	SW3722	3
200 Individual Medley	2:59.22	3:01.40	314	27/04/13	Tigersharks Spring Open Meet 2013	Swindon	SW3063	3
100 Individual Medley	1:23.07	1:23.10	314	06/07/13	Dorset Development Meet	Bournemouth	SW3151	3