

# Individual Best Times (All Time)

Mya Aitken - (450051) - Team Mercia

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.46	31.80	384	16/03/13	Warwickshire County Championships	Coventry	CC3009	1
100 Freestyle	1:06.86	1:05.60	462	09/03/13	Warwickshire County Championships	Coventry	CC3008	1
200 Freestyle	2:21.34	2:18.90	508	01/03/14	Warwickshire ASA County Championships	Coventry	CC4004	1
400 Freestyle	4:58.38	4:53.60	490	09/06/13	Midland Age Groups Championships	Coventry	WMR317	1
50 Breaststroke	46.90	46.20	240	06/07/13	City of Coventry Graham Sykes Gala	Coventry	WM3275	3
100 Breaststroke	1:36.70	1:35.40	291	06/07/13	City of Coventry Graham Sykes Gala	Coventry	WM3275	3
200 Breaststroke	3:20.68	3:18.00	322	06/07/13	City of Coventry Graham Sykes Gala	Coventry	WM3275	3
50 Butterfly	31.87	31.30	450	09/05/15	City of Coventry May Open Meet	Coventry	WM150396	1
100 Butterfly	1:09.15	1:08.00	516	20/12/14	Derwentio Excel 2nd Christmas Cracker	Sheffield	EM4932	1
200 Butterfly	2:32.92	2:30.80	505	26/07/13	BG ASA National Age Groups 2013	Sheffield	ASA127	1
50 Backstroke	36.64	36.10	393	07/03/15	Warwickshire County Championships and Age Group	Coventry	CC150055	1
100 Backstroke	1:18.57	1:17.50	388	11/05/14	City of Coventry May Open Meet	Coventry	WM4408	1
200 Backstroke	2:40.98	2:38.90	447	08/06/13	Midland Age Groups Championships	Coventry	WMR317	1
200 Individual Medley	2:40.58	2:38.10	484	02/06/13	Midland Age Group Championships 2013	Coventry	WMR316	1
400 Individual Medley	5:36.76	5:31.50	492	09/06/13	Midland Age Groups Championships	Coventry	WMR317	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.58	31.30	421	29/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton	WM150115	3
100 Freestyle	1:05.01	1:06.30	461	05/10/14	Coventry & District Swimming Club Champs	Nuneaton	WM4775	2
200 Freestyle	2:20.27	2:22.70	486	19/01/14	Maxwell Swim Club January Meet	Aylesbury	SE4198	2
400 Freestyle	4:55.64	5:00.40	478	30/11/13	Nuneaton & Bedworth Winter Meet	Nuneaton	WM3127	2
50 Breaststroke	45.52	46.20	242	06/10/12	Coventry & District Championships	Nuneaton	WM2504	2
100 Breaststroke	1:29.87	1:31.30	334	03/11/13	Nuneaton & Bedford SC Club Championships	Nuneaton	WM3928	4
200 Breaststroke	3:22.97	3:25.60	291	14/10/12	Coventry & District Championship Gala	Nuneaton	WM2505	2
50 Butterfly	31.82	32.40	449	28/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton	WM150115	3
100 Butterfly	1:10.07	1:11.10	458	29/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton	WM150115	3
200 Butterfly	2:33.53	2:35.60	472	05/10/14	Coventry & District Swimming Club Champs	Nuneaton	WM4775	2
50 Backstroke	34.48	35.10	392	29/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton	WM150115	3
100 Backstroke	1:12.98	1:14.10	425	09/11/14	Nuneaton & Bedworth Club Championships	Nuneaton	WM14354	4
200 Backstroke	2:32.71	2:34.90	472	29/03/15	N&BSC Delia Reynolds "Speed Preparation"	Nuneaton	WM150115	3
200 Individual Medley	2:38.70	2:41.20	452	18/01/14	Maxwell Swim Club January Meet	Aylesbury	SE4198	2
400 Individual Medley	5:29.61	5:34.90	484	29/03/14	Nuneaton & Bedworth Spring "Qualifying" Open	Nuneaton	WM4272	2
100 Individual Medley	1:16.30	1:16.30	406	18/01/14	Maxwell Swim Club January Meet	Aylesbury	SE4198	2