

Individual Best Times (All Time)

Amina Afifi - (370795) - Wolverhampton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.94	33.30	336	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	EM2255	3
100 Freestyle	1:15.12	1:14.00	326	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	EM2255	3
400 Freestyle	6:55.60	6:52.20	181	28/03/09	Tiger Bay Open Meet	Cardiff	WAL228	3
50 Breaststroke	42.46	41.70	323	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	EM2255	3
100 Breaststroke	1:35.48	1:34.10	303	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	EM2255	3
50 Butterfly	39.69	39.20	233	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	EM2255	3
50 Backstroke	42.60	42.10	250	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	EM2255	3
100 Backstroke	1:31.53	1:30.60	245	01/09/12	Worksop Dolphins SC Dukeries Open Meet	Sheffield	EM2255	3
200 Individual Medley	3:42.48	3:40.70	182	28/03/09	Tiger Bay Open Meet	Cardiff	WAL228	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.33	33.00	356	09/12/12	Wyre Forest SC Christmas County Qualifier	Wolverhampton	WM2341	3
100 Freestyle	1:11.26	1:12.40	350	10/02/13	11th Cannock Phoenix Open Meet	Wolverhampton	WM3222	3
200 Freestyle	2:39.62	2:41.80	330	08/05/11	COSACSS Y2K 2011	Stoke-On-Trent	WM1272	2
400 Freestyle	5:30.07	5:34.30	344	03/03/13	Staffordshire County Championships	Stafford	CC3010	2
50 Breaststroke	40.69	41.50	338	01/07/12	Boldmere SC Water Carnival 2012	Stechford	WM2321	3
100 Breaststroke	1:35.38	1:36.70	279	09/12/12	Wyre Forest SC Christmas County Qualifier	Wolverhampton	WM2341	3
200 Breaststroke	3:20.34	3:23.00	303	01/07/12	Boldmere SC Water Carnival 2012	Stechford	WM2321	3
50 Butterfly	36.70	37.20	293	26/05/13	Stourbridge SC Junior B Grade Open Meet	Wolverhampton	WM3261	3
100 Butterfly	1:51.98	1:52.70	112	15/11/08	SE Wales Sub Regional	Newport	WAL215	4
50 Backstroke	38.33	38.90	285	09/12/12	Wyre Forest SC Christmas County Qualifier	Wolverhampton	WM2341	3
100 Backstroke	1:26.84	1:27.80	252	09/12/12	Wyre Forest SC Christmas County Qualifier	Wolverhampton	WM2341	3
200 Backstroke	2:57.33	2:59.20	301	23/04/11	Weston super Mare 9th Easter Open Meet	Weston super Mare	SW1102	3
200 Individual Medley	3:02.66	3:04.80	296	10/02/13	11th Cannock Phoenix Open Meet	Wolverhampton	WM3222	3
100 Individual Medley	1:23.61	1:23.60	308	26/05/13	Stourbridge SC Junior B Grade Open Meet	Wolverhampton	WM3261	3