

Individual Best Times (All Time)

Matthew Allen - (33682) - Beau Sejour Barracuda SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.76	27.00	427	17/03/13	Hampshire County Championships	Portsmouth	CC3086	1
100 Freestyle	59.59	58.20	486	14/04/06	Crawley Spring Meet	Crawley	SE6123	2
200 Freestyle	2:08.63	2:05.90	498	14/04/06	Crawley Spring Meet	Crawley	SE6123	2
400 Freestyle	4:32.37	4:27.20	527	15/04/06	Crawley Spring Meet	Crawley	SE6123	2
800 Freestyle	9:34.39	9:24.20	487	01/03/08	Hampshire County Champs	Aldershot	CC8074	2
1500 Freestyle	18:26.80	18:08.00	487	01/03/09	Hampshire County Champs	Aldershot	CC9090	2
50 Breaststroke	38.76	37.90	300	26/11/05	South East L C Champs	Aldershot	SER523	1
100 Breaststroke	1:21.11	1:19.50	344	16/03/14	Hampshire County Championships	Portsmouth	CC4116	1
200 Breaststroke	2:57.40	2:54.40	353	15/03/14	Hampshire County Championships	Portsmouth	CC4116	1
50 Butterfly	31.16	30.50	365	26/11/05	South East L C Champs	Aldershot	SER523	1
100 Butterfly	1:11.24	1:10.20	334	05/05/05	Southern Counties Bagcat Champ	Crystal Palace	DCS510	1
200 Butterfly	2:43.96	2:42.00	304	19/06/04	SCASA Bagcat Championships	Crystal Palace	DCS018	1
100 Backstroke	1:14.96	1:13.90	326	08/05/04	Beckenham Open Meet 2004	Crystal Palace	L2S106	1
200 Backstroke	2:35.06	2:32.90	376	19/12/04	Hampshire AG 200+ Level 1 Meet	Aldershot	L1S169	1
200 Individual Medley	2:29.38	2:26.70	444	17/03/13	Hampshire County Championships	Portsmouth	CC3086	1
400 Individual Medley	5:17.87	5:12.30	444	08/05/05	Beckenham Open Meet 2005	Crystal Palace	L1S293	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.93	27.70	419	23/11/08	Guernsey Island Champs	Guernsey	SE8207	4
100 Freestyle	58.06	59.50	460	24/01/09	Channel Islands Champs	Guernsey	SE9195	2
200 Freestyle	2:03.38	2:06.20	522	22/11/08	Guernsey Island Champs	Guernsey	SE8207	4
400 Freestyle	4:18.67	4:24.00	552	14/03/09	Hampshire County Champs	Southampton	CC9092	2
800 Freestyle	9:02.38	9:12.90	546	23/05/09	Beau Sejour Barracudas NRG	Guernsey	SE9045	2
1500 Freestyle	17:53.86	18:12.90	490	20/01/07	Channel Island Champs	Guernsey	SE7076	2
50 Breaststroke	35.05	35.90	360	13/03/13	Barracudas Specsavers Series 13	Guernsey	SE3366	4
100 Breaststroke	1:16.10	1:17.70	383	11/06/08	Beau Sejour Barracuda Open	Guernsey	SE8194	4
200 Breaststroke	2:48.92	2:52.00	359	15/10/08	Beau Sejour Barracudas NRG	Guernsey	SE8198	4
50 Butterfly	30.48	31.10	363	27/10/06	Tigers AIB 25th Autumn	Jersey	SE6129	2
100 Butterfly	1:07.51	1:08.60	354	17/06/09	Barracudas NRG Club Champs	Guernsey	SE9145	4
200 Butterfly	2:32.33	2:34.40	345	22/04/05	Guernsey Island Championships	Guernsey	L1S222	2
50 Backstroke	31.75	32.40	337	23/11/07	Guernsey Island Champs	Guernsey	SE7136	3
100 Backstroke	1:06.77	1:08.00	379	11/07/07	Beau Sejour Barracudas	Guernsey	SE7225	4
200 Backstroke	2:20.91	2:23.30	421	18/03/07	Hampshire County Champs	Southampton	CC7021	2
200 Individual Medley	2:20.90	2:23.70	471	24/04/09	Jersey 37th Island Champs	Jersey	SE9255	2
400 Individual Medley	4:58.95	5:04.80	484	24/04/09	Jersey 37th Island Champs	Jersey	SE9255	2
100 Individual Medley	1:07.09	1:07.10	396	20/01/07	Channel Island Champs	Guernsey	SE7076	2