

# Individual Best Times (All Time)

Christopher Armour - (25208) - Hoylake SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.40	28.70	359	19/03/11	Cheshire County Championships	Stockport	CC1076	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.51	29.20	353	17/07/11	Hoylake ASC Club Championships	West Kirby	NW1350	4
100 Freestyle	1:02.35	1:03.70	371	26/06/11	Hoylake ASC Club Championships	West Kirby	NW1350	4
200 Freestyle	2:16.76	2:19.30	383	13/02/99	Liverpool & Dist AG Champs	Everton	DMN009	2
400 Freestyle	4:53.18	4:57.90	379	20/02/99	Liverpool & Dist AG Champs	Everton	DMN009	2
100 Butterfly	1:18.46	1:19.40	225	13/02/99	Liverpool & Dist AG Champs	Everton	DMN009	2
50 Backstroke	32.84	33.40	305	26/06/11	Hoylake ASC Club Championships	West Kirby	NW1350	4
100 Backstroke	1:12.04	1:13.10	301	18/06/12	Hoylake ASC Club Championships	West Kirby	NW2410	4
200 Backstroke	2:40.06	2:42.10	287	17/07/11	Hoylake ASC Club Championships	West Kirby	NW1350	4
200 Individual Medley	2:43.61	2:46.00	300	16/07/11	Hoylake ASC Club Championships	West Kirby	NW1350	4
100 Individual Medley	1:14.51	1:14.50	289	17/07/11	Hoylake ASC Club Championships	West Kirby	NW1350	4