

# Individual Best Times (All Time)

Robert Ainley - (192581) - Belper Marlin Swimming Club

Long Course

| Stroke                | LC Time | Converted to SC | LC WA Pts | Date     | Meet                                     | Venue     | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|------------------------------------------|-----------|---------|-------|
| 50 Freestyle          | 27.86   | 27.10           | 422       | 18/11/12 | Derbyshire ASA County Sprint Competition | Sheffield | EM2643  | 3     |
| 100 Freestyle         | 59.99   | 58.60           | 476       | 15/01/12 | City of Derby 11th Long Course Open Meet | Sheffield | EM2018  | 1     |
| 200 Freestyle         | 2:17.89 | 2:15.30         | 404       | 17/12/11 | City of Leeds Christmas Cracker          | Leeds     | NE1330  | 1     |
| 50 Breaststroke       | 36.38   | 35.50           | 362       | 17/12/11 | City of Leeds Christmas Cracker          | Leeds     | NE1330  | 1     |
| 100 Breaststroke      | 1:25.36 | 1:23.90         | 295       | 16/05/11 | Swim Swansea Long Course Open Meet       | Swansea   | WAL360  | 1     |
| 50 Butterfly          | 30.45   | 29.80           | 391       | 17/11/13 | Derbyshire ASA Long Course Meet          | Sheffield | EM3800  | 3     |
| 50 Backstroke         | 32.59   | 32.00           | 377       | 20/11/11 | Derbyshire ASA County 50m Sprint Comp    | Sheffield | EM1609  | 3     |
| 100 Backstroke        | 1:11.59 | 1:10.50         | 374       | 18/12/11 | City of Leeds Christmas Cracker          | Leeds     | NE1330  | 1     |
| 200 Backstroke        | 2:39.74 | 2:37.60         | 343       | 03/10/10 | Robin Hood 30th Open Meet                | Sheffield | EM0277  | 1     |
| 200 Individual Medley | 2:40.89 | 2:38.40         | 355       | 17/12/11 | City of Leeds Christmas Cracker          | Leeds     | NE1330  | 1     |

Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet                            | Venue        | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---------------------------------|--------------|---------|-------|
| 50 Freestyle          | 27.23   | 28.00           | 405       | 04/03/12 | Derbyshire County Championships | Matlock      | CC2111  | 2     |
| 100 Freestyle         | 58.23   | 59.60           | 456       | 04/03/12 | Derbyshire County Championships | Matlock      | CC2111  | 2     |
| 200 Freestyle         | 2:13.52 | 2:16.10         | 412       | 03/03/12 | Derbyshire County Championships | Matlock      | CC2111  | 2     |
| 400 Freestyle         | 4:58.88 | 5:03.50         | 358       | 16/07/11 | Chesterfield Summer Splash 2011 | Chesterfield | EM1360  | 3     |
| 50 Breaststroke       | 35.34   | 36.20           | 351       | 23/02/13 | Derbyshire ASA Championships    | CC3090       | CC3090  | 2     |
| 100 Breaststroke      | 1:18.06 | 1:19.70         | 355       | 04/03/12 | Derbyshire County Championships | Matlock      | CC2111  | 2     |
| 200 Breaststroke      | 2:50.40 | 2:53.50         | 350       | 03/03/12 | Derbyshire County Championships | Matlock      | CC2111  | 2     |
| 50 Butterfly          | 29.85   | 30.50           | 386       | 11/03/12 | Derbyshire County Championships | Chesterfield | CC2112  | 2     |
| 100 Butterfly         | 1:09.37 | 1:10.50         | 326       | 23/02/13 | Derbyshire ASA Championships    | CC3090       | CC3090  | 2     |
| 50 Backstroke         | 31.59   | 32.20           | 342       | 03/03/12 | Derbyshire County Championships | Matlock      | CC2111  | 2     |
| 100 Backstroke        | 1:06.64 | 1:07.80         | 381       | 03/03/12 | Derbyshire County Championships | Matlock      | CC2111  | 2     |
| 200 Backstroke        | 2:27.08 | 2:29.30         | 370       | 04/03/12 | Derbyshire County Championships | Matlock      | CC2111  | 2     |
| 200 Individual Medley | 2:27.18 | 2:29.80         | 413       | 11/03/12 | Derbyshire County Championships | Chesterfield | CC2112  | 2     |
| 400 Individual Medley | 6:07.21 | 6:12.00         | 261       | 28/02/10 | Derbyshire County Champs        | Derby        | CC0122  | 2     |
| 100 Individual Medley | 1:08.78 | 1:08.80         | 367       | 10/03/12 | Derbyshire County Championships | Chesterfield | CC2112  | 2     |