

Individual Best Times (All Time)

Thea Alexander - (1423581) - City of Leicester SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.78	34.20	312	01/07/23	City of Coventry SC Graham Sykes Open Meet 2023	Coventry	WM230314	3
100 Freestyle	1:20.48	1:19.40	265	04/06/23	Nova June Sprint Meet 2023	Nottingham	EM230180	3
200 Freestyle	2:59.61	2:57.70	248	19/03/23	Corby ASC March Annual LC Open Meet 2023	Corby	EM230150	3
400 Freestyle	6:21.75	6:18.00	234	01/07/23	City of Coventry SC Graham Sykes Open Meet 2023	Coventry	WM230314	3
50 Breaststroke	50.03	49.40	198	02/07/23	City of Coventry SC Graham Sykes Open Meet 2023	Coventry	WM230314	3
100 Breaststroke	1:53.49	1:52.40	180	19/03/23	Corby ASC March Annual LC Open Meet 2023	Corby	EM230150	3
50 Butterfly	39.47	39.00	237	04/06/23	Nova June Sprint Meet 2023	Nottingham	EM230180	3
100 Butterfly	1:29.51	1:28.70	238	01/07/23	City of Coventry SC Graham Sykes Open Meet 2023	Coventry	WM230314	3
50 Backstroke	41.76	41.30	266	02/07/23	City of Coventry SC Graham Sykes Open Meet 2023	Coventry	WM230314	3
100 Backstroke	1:30.22	1:29.30	256	18/03/23	Corby ASC March Annual LC Open Meet 2023	Corby	EM230150	3
200 Backstroke	3:12.87	3:11.10	260	18/03/23	Corby ASC March Annual LC Open Meet 2023	Corby	EM230150	3
200 Individual Medley	3:11.81	3:09.70	284	04/06/23	Nova June Sprint Meet 2023	Nottingham	EM230180	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.57	32.20	383	27/04/24	Leicester & District SL Winter League 2024 R3	Rugby	EM241170	4
100 Freestyle	1:11.60	1:12.80	345	19/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3
200 Freestyle	2:44.13	2:46.20	303	10/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240052	2
400 Freestyle	5:44.53	5:48.60	302	27/01/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240050	2
50 Breaststroke	44.50	45.20	259	27/01/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240050	2
100 Breaststroke	1:43.82	1:45.00	216	24/06/23	City of Leicester SC Summer Splash Open Meet 2023	Leicester	EM230553	3
200 Breaststroke	3:33.17	3:35.60	251	23/09/23	Hinckley Swimming Club Championships 2023	Hinckley	EM231956	4
50 Butterfly	35.08	35.60	335	27/01/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240050	2
100 Butterfly	1:26.27	1:27.10	245	18/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3
200 Butterfly	3:18.15	3:19.70	219	28/10/23	Leicester Sharks CSC Trick or Treat Meet 2023	Nuneaton	EM230946	3
50 Backstroke	37.57	38.10	303	18/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3
100 Backstroke	1:25.89	1:26.80	261	28/01/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240050	2
200 Backstroke	2:56.55	2:58.40	305	10/02/24	Leicestershire County Age Groups & Champs 2024	Hinckley LC	EM240052	2
200 Individual Medley	2:59.12	3:01.30	314	18/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3
100 Individual Medley	1:22.59	1:22.60	320	19/05/24	Hinckley SC Open Meet 2024	Hinckley	EM240488	3