

Individual Best Times (All Time)

Elena Aldenhoff-Kelly - (1402431) - Grantham SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.24	29.50	475	12/03/23	Derventio eXcel Early March Meet 2023	Sheffield	EM230151	1
100 Freestyle	1:05.01	1:03.70	503	12/03/23	Derventio eXcel Early March Meet 2023	Sheffield	EM230151	1
200 Freestyle	2:18.99	2:16.50	535	30/04/23	East Midlands Regional LC Championships 2023	Derby	EM230742	1
400 Freestyle	4:50.57	4:45.70	531	29/04/23	East Midlands Regional LC Championships 2023	Derby	EM230742	1
800 Freestyle	10:09.29	9:59.70	503	31/03/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	EM230359	1
1500 Freestyle	19:24.74	19:06.90	493	22/04/23	East Midlands Regional LC Championships 2023	Corby	EM230741	1
50 Breaststroke	44.13	43.40	288	04/06/23	Nova June Sprint Meet 2023	Nottingham	EM230180	3
100 Breaststroke	1:36.00	1:34.70	298	04/06/23	Nova June Sprint Meet 2023	Nottingham	EM230180	3
50 Butterfly	41.93	41.50	197	26/03/22	Corby ASC Annual LC Open Meet	Corby	EM220112	3
50 Backstroke	39.82	39.30	306	04/06/23	Nova June Sprint Meet 2023	Nottingham	EM230180	3
100 Backstroke	1:24.51	1:23.60	312	14/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3
200 Individual Medley	2:55.18	2:52.90	373	04/06/23	Nova June Sprint Meet 2023	Nottingham	EM230180	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.72	30.40	459	04/02/23	Lincolnshire County Championships 2023	Louth	EM230060	2
100 Freestyle	1:03.76	1:05.10	489	05/02/23	Lincolnshire County Championships 2023	Louth	EM230060	2
200 Freestyle	2:17.05	2:19.60	521	29/01/23	Lincolnshire County Championships 2023	Grantham	EM230059	2
400 Freestyle	4:47.83	4:52.70	518	12/11/23	Grantham SC Long Distance Time Trial 2023	Grantham	EM231368	3
800 Freestyle	9:54.18	10:03.80	518	12/11/23	Grantham SC Long Distance Time Trial 2023	Grantham	EM231368	3
1500 Freestyle	18:59.84	19:17.80	505	11/11/23	Grantham SC Long Distance Time Trial 2023	Grantham	EM231368	3
50 Breaststroke	42.98	43.70	287	02/12/23	Grantham SC Christmas Snowstorm 2023	Grantham	EM232055	3
100 Breaststroke	1:33.09	1:34.40	300	02/12/23	Grantham SC Christmas Snowstorm 2023	Grantham	EM232055	3
200 Breaststroke	3:23.40	3:26.00	289	18/09/22	Grantham SC Club Championships 2022	Grantham	EM221756	3
50 Butterfly	39.16	39.60	241	16/07/23	Grantham SC Summer Sprintastic 2023	Grantham	EM231057	3
100 Butterfly	1:33.88	1:34.70	190	13/11/21	Grantham & Deepings Joint Winter Championships 21	Grantham	EM211388	3
200 Butterfly	3:36.06	3:37.50	169	24/06/21	Grantham	Grantham	LEX2596	0
50 Backstroke	36.96	37.50	318	02/12/23	Grantham SC Christmas Snowstorm 2023	Grantham	EM232055	3
100 Backstroke	1:19.11	1:20.10	334	08/10/23	Deepings SC Rob Welbourn Open Meet 2023	Grantham	EM230682	3
200 Backstroke	2:48.49	2:50.50	351	08/10/23	Deepings SC Rob Welbourn Open Meet 2023	Grantham	EM230682	3
200 Individual Medley	2:52.78	2:55.10	350	11/12/22	Team Luton December Short Course Meet 2022	Luton	ER220253	3
400 Individual Medley	6:27.72	6:32.20	297	14/11/21	Grantham & Deepings Joint Winter Championships 21	Grantham	EM211388	3
100 Individual Medley	1:21.19	1:21.20	337	02/12/23	Grantham SC Christmas Snowstorm 2023	Grantham	EM232055	3