

Individual Best Times (All Time)

Tessene Arezki - (1139377) - Atlantis Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.53	28.80	511	04/01/20	Crawley Team Finis New Year Gala 2020	K2, Crawley	SE200082	3
100 Freestyle	1:03.27	1:01.90	545	08/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200449	1
200 Freestyle	2:14.73	2:12.10	587	22/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200450	1
400 Freestyle	4:39.43	4:34.40	597	07/03/20	Atlantis Regional Chaser 2020 Level 3 Open Meet	Crawley	SE200111	3
800 Freestyle	9:35.69	9:25.60	597	25/01/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200447	1
1500 Freestyle	20:03.18	19:45.90	447	26/05/18	Swim England South East Championships 2018	Crawley	SE181208	1
50 Breaststroke	40.50	39.70	373	16/03/19	Atlantis Regional Chaser 2019	Crawley	SE190154	3
100 Breaststroke	1:28.92	1:27.50	375	11/02/18	Sussex County Championships & Age Group Comp	Crawley	SE180607	1
200 Breaststroke	3:08.13	3:05.30	390	11/02/18	Sussex County Championships & Age Group Comp	Crawley	SE180607	1
50 Butterfly	31.55	30.90	464	04/01/20	Crawley Team Finis New Year Gala 2020	K2, Crawley	SE200082	3
100 Butterfly	1:08.25	1:07.10	537	23/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200450	1
200 Butterfly	2:34.81	2:32.80	487	08/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200449	1
50 Backstroke	35.27	34.70	441	11/01/20	City of Derby Eighteenth LC L1 Open Meet 2020	Sheffield	EM200101	1
100 Backstroke	1:22.96	1:22.00	330	24/02/18	Sussex County Championships & Age Group Comp	Crawley	SE180608	1
200 Backstroke	2:48.29	2:46.30	391	08/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200449	1
200 Individual Medley	2:39.46	2:37.00	494	23/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200450	1
400 Individual Medley	5:30.50	5:25.10	520	22/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200450	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.18	29.90	485	20/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	SE192761	2
100 Freestyle	1:02.40	1:03.70	522	19/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	SE192761	2
200 Freestyle	2:13.96	2:16.50	558	19/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	SE192761	2
400 Freestyle	4:37.98	4:43.00	576	20/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	SE192761	2
800 Freestyle	9:37.19	9:47.10	565	18/01/20	Atlantis Development Meet 2020	Horsham	SE200375	4
50 Breaststroke	38.63	39.40	396	09/09/18	Atlantis Club Championships 2018	Horsham	SE181832	4
100 Breaststroke	1:26.63	1:28.10	373	24/11/18	Atlantis Christmas Cracker 2018	Horsham	SE180992	3
200 Breaststroke	3:01.77	3:04.70	405	20/10/18	Sussex County ASA Winter SC Competition 2018	Crawley	SE182070	2
50 Butterfly	31.22	31.80	476	19/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	SE192761	2
100 Butterfly	1:09.07	1:10.20	479	08/10/22	National Arena Swim League South Round One	Maidstone	SE222055	3
200 Butterfly	2:34.85	2:36.90	460	20/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	SE192761	2
50 Backstroke	34.25	34.80	400	19/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	SE192761	2
100 Backstroke	1:15.96	1:17.00	377	22/04/18	East Grinstead Spring Sprint Meet	Crawley	SE180064	3
200 Backstroke	2:36.32	2:38.40	440	20/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	SE192761	2
200 Individual Medley	2:34.84	2:37.40	487	07/07/19	Atlantis Club Champs 2019	Horsham	SE191920	4
400 Individual Medley	5:26.57	5:31.90	498	30/06/19	Atlantis Swimming Club Summer Splash 2019	HORSHAM	SE190352	3
100 Individual Medley	1:13.85	1:13.80	448	20/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	SE192761	2